

TRABALHO DE RECUPERAÇÃO 1º TRIMESTRE 2026

ALUNO (A): _____ TURMA: _____

VALOR: 12,0 Nota: _____

INSTRUÇÕES: Todas as questões devem ser respondidas a CANETA.

The Hidden Cost of Convenience

In the modern world, convenience has become one of the most valued aspects of daily life. With just a few taps on a smartphone, people can order food, schedule appointments, purchase products, and communicate with individuals across the globe. Technological advances have undoubtedly improved efficiency and saved time. However, some experts argue that society may be paying a hidden price for this growing dependence on convenience.

One concern is the decline of critical thinking and problem-solving skills. In previous generations, people often had to rely on memory, research, and personal judgment to make decisions. Today, search engines, navigation apps, and artificial intelligence can provide instant answers to almost any question. While these tools are extremely useful, some researchers worry that excessive reliance on technology may discourage individuals from developing deeper analytical skills.

Another issue involves environmental sustainability. The rise of online shopping and same-day delivery services has increased the number of vehicles on the roads and the amount of packaging waste generated worldwide. Although many companies are investing in greener alternatives, the demand for immediate delivery continues to place pressure on transportation systems and natural resources.

Convenience also affects social relationships. Digital communication allows people to stay connected regardless of distance, yet many psychologists suggest that face-to-face interactions are becoming less frequent. Online conversations can be efficient, but they may not always provide the emotional depth and understanding that in-person communication offers. As a result, some individuals report feeling more isolated despite being constantly connected to others.

On the other hand, supporters of modern convenience argue that these innovations have significantly improved quality of life. People with disabilities can access services more easily, remote workers can collaborate across continents, and educational resources are available to anyone with an internet connection. From this perspective, convenience is not merely a luxury but a tool that promotes inclusion and opportunity.

Ultimately, the challenge facing society is not whether convenience is good or bad, but how it should be managed. Striking a balance between efficiency and responsibility may be essential for ensuring that technological progress continues to benefit humanity without undermining important social, intellectual, and environmental values.

Questão 01. What is the main argument presented in the text about convenience?

Questão 02. How has technology changed the way people make decisions according to the author?

Questão 03. Why are some experts concerned about the impact of convenience on critical thinking skills?

Questão 04. What environmental problems are associated with online shopping and fast delivery services?

Questão 05. How does digital communication influence social relationships?

Questão 06. Why do some people feel isolated even though they are constantly connected online?

Questão 07. What benefits does convenience provide for people with disabilities and remote workers?

Questão 08. Do you agree that technology can reduce problem-solving abilities? Why or why not?

Questão 09. In your opinion, what is the best way to balance convenience and responsibility in modern society?

Questão 10. Do the advantages of convenience outweigh its disadvantages? Explain your answer with examples.

Questão 11. Passe a frase para a negativa e interrogativa: Our team has achieved excellent results in the competition this year.

NEG: _____

INT: _____

Questão 12. Passe a frase para a negativa e interrogativa: The city has changed significantly over the last decade.

NEG: _____

INT: _____

Questão 13. Passe a frase para a negativa e interrogativa: I have read three interesting books about technology recently.

NEG: _____

INT: _____

Questão 14. Passe a frase para a negativa e interrogativa: The students have learned a lot about environmental issues this semester.

NEG: _____

INT: _____

Questão 15. Passe a frase para a negativa e interrogativa: My parents have visited many historical places around the world.

NEG: _____

INT: _____

Questão 16. Passe a frase para a negativa e interrogativa: He has worked at the same company for many years.

NEG: _____

INT: _____

Questão 17. Passe a frase para a negativa e interrogativa: We have lived in this neighborhood since 2018.

NEG: _____

INT: _____

Questão 18. Passe a frase para a negativa e interrogativa: They have completed all the tasks for the science project.

NEG: _____

INT: _____

Questão 19. Passe a frase para a negativa e interrogativa: She has traveled to several countries in South America.

NEG: _____

INT: _____

Questão 20. Passe a frase para a negativa e interrogativa: I have studied English for more than five years.

NEG: _____

INT: _____
